



DERBYSHIRE TIME SWAP

**GIVE TIME. GET TIME.
MAKE A DIFFERENCE.**

Derbyshire Time Swap brings local people together, using their knowledge, skills, and most importantly, time, to support each other.

From walking someone's dog to learning a language - the possibilities are endless. What's unique about Time Swap is that every member's time is equal: for every hour you give to help someone else, you receive an hour to spend.

Time Swap is flexible as you only offer or accept swaps you want to do, when you want to do them. Then, as you earn your hours you can spend, save, or donate them to the community pot for people in need to use.

IF YOU WANT TO SIGN UP OR LEARN MORE, GET IN TOUCH TODAY!



Call SDCVS on 01283 219761 and ask to
speak about Time Swap



derbyshiretimeswap@sdcv.org.uk

www.derbyshiretimeswap.org.uk



A short example of how Time Swap works:



Time Swap isn't just for individuals - groups and organisations can 'Give Time to Get Time' too!

For example; a company could help with some litter picking or gardening, or even allow a meeting room to be used by Time Swap members.

The company could then use their time credits to ask members to help them by painting a fence for example. The company could save the credits up or even donate them to the 'Community Pot' to continue helping their local community.

Time Swap is a great opportunity to get involved with local people, strengthen ties to the community, and build team morale. Time Swap is also a fantastic chance for organisations to promote themselves and widen their networks.



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