

Autumn Footprints



15th - 30th September 2018



Walks For Everyone

Amber Valley & Erewash Walking Festival
www.autumnfootprints.co.uk



Amber Valley & Erewash Walking Festival

The Autumn Footprints Festival offers a great choice of 42 free guided walks from 15th – 30th September 2018. Sixteen days of enjoyable walks and informative talks with something for everyone of all abilities.

Set in picturesque Derbyshire, The Autumn Footprints Walking Festival takes place in an area known for its natural beauty and superb scenery. Popular with both novice and experienced walkers wanting to enjoy the beautiful colours of autumn and the area's fabulous views, undulating countryside, industrial heritage and attractive towns and villages.

Led by knowledgeable local volunteers and staff keen to show off their patch, you will discover a wide variety of walks to explore local heritage, natural history and wildlife. The routes take in walks alongside rivers and canals, as well as through open countryside, towns and villages.



All walks are FREE OF CHARGE. However there may be a parking charge (see symbols on individual walks).

Booking is recommended for all the walks and essential for some. We cannot guarantee being able to take you if you do not book in advance. **Please contact: Shipley Country Park on 01629 533991 for bookings and further information unless stated otherwise. Visit our website www.autumnfootprints.co.uk for more details.**

We would love to hear your thoughts about the walking festival. Please go to our website and enter your feedback on the form on the homepage.

Why not take a break during the Walking Festival?



There are lots of comfortable places to stay from friendly pubs and B & B's to campsites. Why not make a short break of your visit and attend more than one walk. Derbyshire offers a wide range of Quality Assured accommodation – look for the Walkers Welcome sign for special facilities. www.visitambervalley.co.uk

Please be advised walkers may be taking photographs on any of the festival walks. They may be used for future publicity.



DerwentWISE is about inspiring and enabling people to care for the Lower Derwent Valley. For the last five years they have been planting meadows, enhancing ancient woodland, surveying heritage features and learning about the landscape. This has all been made possible by the local organisations, community groups, schools and volunteers that have been involved in the project. Now in its final year, DerwentWISE will be having three spectacular events to showcase the work that's been done and place the people who have made it happen at the heart of each festivity. If you'd like to join in the celebrations then come to Darley Park for a family fun day on 2nd August 2018, Derby Theatre for a musical composition inspired by the landscape on 19th January 2019 and Cromford Mills on 23rd March 2019. DerwentWISE is the Lower Derwent Valley Landscape Partnership, hosted by Derbyshire Wildlife Trust and supported by Heritage Lottery Funds. **For more information contact derwentwise@derbyshirewt.co.uk**



What you need to know

- Please wear suitable footwear and clothing and have a waterproof, as the weather is often unpredictable. Unfortunately, an inadequately equipped person could affect the safety and enjoyment of the whole group, so we reserve the right not to take a person who is not properly equipped.
- Dogs are allowed on some of the walks. To avoid inconvenience to other walkers or disturbance to farm animals or wildlife, please keep your dog on a lead and under control throughout the walk. There are some walks on which dogs are not permitted due to travelling through fields of cattle - see symbols against each walk.
- Most walk leaders are volunteers.
- Remember to bring along any medication you may need during the walk.
- Booking is recommended for all the walks and essential for some. We cannot guarantee being able to take you if you do not book in advance. **Tel: 01629 533991** unless stated otherwise.
- All walks are circular unless stated otherwise.
- In poor weather the walk may be modified by the leader, or in extreme conditions it may be cancelled.
- On some walks a packed lunch is required, look for the symbol on each walk detail. It is always advisable to carry a drink. There may be a stop for lunch.
- Young walkers 16 and below must be accompanied by an adult.
- All those taking part do so at their own risk.
- Cars should be parked sensibly and locked with no valuables on show.
- Look for the pushchair or wheelchair symbols at the base of the walk details. Whilst many walks are not suitable for wheelchair or pushchair users, there are a number of suitable walks.
- Walks will start promptly.
- Times for the duration of the walk are an estimate and can vary according to conditions, interest shown and the numbers of walkers on the day.

Important. Grades are provided as a general guide only: if you have any doubt about your fitness for a particular walk please contact the organiser or leader in advance. You should also bear in mind the distance of the walk, regional differences in terrain and the possibility of bad weather, which can make a walk more difficult than planned. If you're unsure of your fitness level, try a short and easy walk first: it's much better to find a walk a little too slow and easy than to make yourself miserable and exhausted. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.

Walks grading

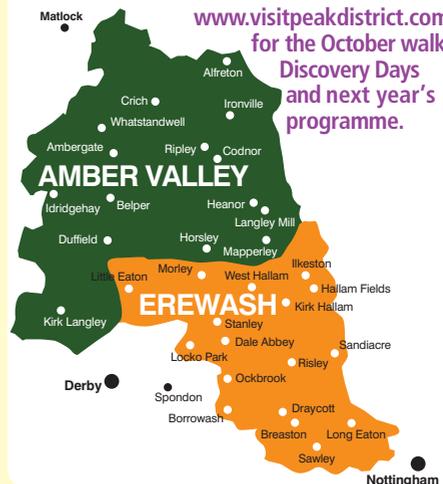
How easy is this walk?

Walks in this Programme are graded for difficulty as follows:

- **Easy Access:** Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: please enquire.
- **Easy:** Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Comfortable shoes or trainers can be worn.
- **Moderate:** Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.
- **Strenuous:** Walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness are advised to contact the organiser or leader in advance.

**PEAK
DISTRICT**
& Derbyshire

Come to the Peak District & Derbyshire and enjoy the great outdoors at one of the four superb annual walking festivals. With hundreds of walks offering a wide variety of themes, you will be spoilt for choice. Take a look at www.visitpeakdistrict.com for the October walks, Discovery Days and next year's programme.





walks

SATURDAY 15 SEPTEMBER

Autumn Footprints Amber Valley and Erewash Walking Festival Launch and Guided Walk

3 miles, Easy.

Starting point: Shipley Country Park Visitor Centre, Slack Lane, Heanor DE75 7GX. Grid Ref: SK 431 452.

Start time: 10am launch, 10.30am walk. Finish: 1pm.

Come to the launch of this excellent Walking Festival with 42 walks in 16 days. There is a guided walk after the launch which starts at 10.30am outside the Visitor Centre. This 3 mile circular walk will include snippets of history and wildlife of the park. (1-5 stiles).



Key to symbols:

-  Accessible by bus
-  Accessible by train
-  No parking
-  Free parking
-  Parking fee
-  Children welcome
-  Not suitable for children
-  Dogs allowed on leads
-  Dogs not allowed
-  Toilet available en route
-  Take a packed lunch & drink
-  Pushchair accessible
-  Wheelchair accessible



Nordic Walking Taster Session

1 mile, Easy.

Starting point: Shipley Country Park Visitor Centre, Heanor. Meet in the first car park as enter Park. DE75 7GX. Grid Ref: SK 431 452.

Start time: 11.30am. Finish: 12.30pm.

Find out how Nordic Walking turns a walk into a workout and burns 20% more calories than ordinary walking. During this session you'll get the chance to learn the original technique from one of the UK's most experienced instructors. **BOOKING ESSENTIAL** call Catherine on 07940 575758, just tell her your height and she will provide the walking poles. (No stiles).



Awesome Autumn! – Self led trail available everyday of the Festival

1 mile, Easy.

Starting point: Shipley Country Park Visitor Centre, Heanor DE75 7GX. Grid Ref: SK 431 452

Start time: 11am. Finish: 3pm.

A self-led activity with an autumn theme for children. There's a range of nature activity sheets available to choose from to do on your visit whilst exploring Shipley Country Park – just ask at the visitor centre and take your pick!

Please remember the Countryside Code

- Be safe - plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people



SUNDAY 16 SEPTEMBER

Langley Mill and Codnor Castle

9.5 miles, Moderate.

Starting point: Langley Mill Canal Basin, next door to Great Northern Public House, Derby Road, Langley Mill NG16 4AA. Grid Ref: SK 454 471

Start time: 10.00am. Finish: 3:30pm.

Join Heanor and District Local History Society for a walk through our past. See medieval remains at Codnor Castle and also remnants of our industrial heritage including canals and railways. Quite a long walk, but with only one significant gradient. (10 stiles).



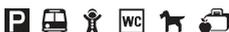
Denby Bottles, Rawson Green & Marehay

8 miles, Moderate.

Starting point: Denby Pottery Car Park (bottom end) Derby Road, Denby DE5 8NX. Grid Ref: SK 390 473.

Start time: 10.30am. Finish: 3.15pm.

Join Erewash Ramblers on an 8 mile walk over undulating countryside. Some gentle climbs but no steep hills. Bring a packed lunch as we will stop for a half hour lunch. (15 stiles). Children are welcome but please be aware of the distance and terrain of this walk. Free parking by kind permission of Denby Pottery.



Erewash



MONDAY 17 SEPTEMBER

Family Wildlife Wander

3.5 miles, Easy.

Starting point: Pit Lane, Shipley DE75 7JL. Off the main Ilkeston –Heanor Road A6007. Grid Ref: SK 450 447.

Start time: 10am. Finish: 1pm.

Enjoy a steady walk around Derbyshire Wildlife Trust's Woodside Farm Nature Reserve. We will find out more about the creatures that live here, including pond dipping in the wildlife garden, and meet some of our four legged hairy lawnmowers. (1-5 stiles).



Derbyshire Wildlife Trust



West Hallam and Stanley Walk

7.5 miles, Moderate.

Starting point: Straws Bridge Nature Reserve Car Park, High Lane East, West Hallam, Ilkeston DE7 5FG.

Grid Ref: SK 453 413.

Start time: 10am. Finish: 2.30pm.

Join Robert for a circular walk with two climbs giving excellent views across the area and taking in the centre of West Hallam. (18 stiles).



Up and Down the Derwent Valley

8 miles, Strenuous.

Starting point: Whatstandwell Rail Station, Derby Road DE4 5EE Grid Ref: SK 333 541.

Start time: 10.30am. Finish: 3pm.

A walk following both sides of the River Derwent, with some climbs. Enjoy picturesque fields and meadows, a scenic canal, peaceful woodland and stunning views of the Derwent Valley. (10+ stiles).



Why walk?

- **For health:** walking strengthens your heart, bones and muscles and helps to control your weight
- **For wealth:** walking is free and will enrich your life in many ways
- **For happiness:** walking improves your mood and improves mental well-being
- **For comfort:** go for a walk in your local park or wood and discover how nature can reduce stress and calm your mind
- **For joy:** walk with friends or join a walking group and discover just how much fun walking can be!



TUESDAY 18 SEPTEMBER

Risley, Stanton, Dale Abbey Circular

8 miles, Moderate.

Starting point: Village Hall (next to Church) Derby Road, Risley DE72 3SU. Grid Ref: SK 462 357.

Start time: 10.30pm. Finish: 2.30pm.

Join Risley Conservation Group for a circular walk in this delightful part of Erewash. The walk will include historical points of interest and a chance to see the interesting wildlife that frequents the area. (6-10 stiles).



Risley Conservation Group

The Crich Trail

2.25 miles, Moderate.

Starting point: Crich Market Place bus stop, DE4 5DD.

Grid Ref: SK 350 542.

Start time: 2pm. Finish: 3.45pm.

A walk with Crich Walking for Health around Crich village looking at buildings of historical interest. (No stiles). **BOOKING ESSENTIAL** Tel: 01629 533991



Amber Valley



3 Lodges in Shipley Country Park

4.2 miles, Moderate.

Starting point: At Shipley Country Park Visitor Centre, Slack Lane, Heanor DE75 7GX. Grid Ref: SK 431 452.

Start time: 2pm. Finish: 4pm.

Join Heanor Walking for Health Group for a circular walk which includes passing Nottingham, Derby and Smalley Lodges. We return to the Visitor Centre via the new bridleways off Bell Lane. (No stiles).



Heanor



Don't forget you can participate in "Awesome Autumn!" every day - see page 3

WEDNESDAY 19 SEPTEMBER

Horsley Woodhouse & Horsley

3.5 or 2.5 miles, Moderate.

Starting point: Church Hall (next to Primary School), Main Street, Horsley Woodhouse DE7 6AU.

Grid Ref: SK 396 448.

Start time: 9.45am. Finish: 11.30am.

Join Horsley Woodhouse Walking for Health on a circular walk around Horsley Woodhouse and Horsley. The walk is mainly on footpaths and bridlepaths, giving a different perspective of the surrounding villages and countryside. Returning to the Church Hall for refreshments. Those who prefer a shorter walk (2.5 miles) can complete part of the walk and then return (1-5 stiles).



Horsley Woodhouse



Tour of Alport Heights

7 miles, Strenuous.

Starting point: Alport Heights National Trust Car park, Alport Lane, Ashley Hay DE56 2DQ. Grid Ref: SK 305 515.

Start time: 10am. Finish: 2pm.

Join Amber Valley Ramblers for a 7 mile walk from the highest point in Amber Valley. We will walk along the western boundary of Amber Valley with a few steep climbs and views of the Ecclesbourne Valley down below. On a clear day the Wrekin in Wales can be seen. Dogs are welcome but must be kept on a lead at all times as we will be travelling through fields of livestock. (Over 20 stiles).



Amber Valley



The Nightingale Family

4.5 miles, Moderate.

Starting point: Cemetery Gates, Church Street, Holloway DE4 4AY. Grid Ref: SK 324 567.

Start time: 10am. Finish: 1pm.

A scenic walk with Crich Walking for Health, covering points of interest in relation to the Nightingale Family. (1 stile). **BOOKING ESSENTIAL** Tel: 01629 533991



Amber Valley



Nordic Walking Taster Session

1 mile, Easy.

Starting point: Rutland Sports Park, West End Drive, Ilkeston DE7 5GH. Grid Ref: SK 459 416. Meet in reception.

Start time: 12pm. Finish: 1pm.

Join Rachel to find out how Nordic Walking can turn your walk into a workout. With this first technique lesson, you can discover the many health benefits of Nordic Walking, including increased calorie burn, improved posture and walking gait, reduced neck and shoulder tension to name a few. **BOOKING ESSENTIAL** call Rachel on 07508 841364, just tell her your height and she will provide the walking poles. (No stiles).



THURSDAY 20 SEPTEMBER

Holbrook, Horsley & Castle Walk

6 miles, Moderate.

Starting point: Spotted Cow Inn, 12 Town Street, Holbrook DE56 0TA. Grid Ref: SK 365 449.

Start time: 10am. Finish: 1.30pm.

This circular walk will proceed along "The Cally" a historic route above the Derwent Valley to the "Coffin Trail" and then to Horsley Castle, returning via Horsley village. Plenty of history and splendid views. Prior to the walk the Spotted Calf Cafe will be open for refreshments. At the end both the Spotted Calf Cafe and the Spotted Cow Inn will be available for food and drinks. (6-10 stiles). Limited free parking at Spotted Cow by kind permission of Landlord or road parking.



Holbrook Parish Council

FRIDAY 21 SEPTEMBER

Sandiacre and Stanton Gate Loop

3 miles, Easy.

Starting point: Sandiacre Library Doncaster Avenue, Sandiacre NG10 5FJ. Grid Ref: SK 479 366.

Start time: 10am. Finish: 11.15am.

Join the Sandiacre Strollers on a walk through Sandiacre and by the Erewash Canal on a pleasant waterside wander. (No stiles).



Sandiacre Strollers



Brackley Gate, Woodside and Smalley Common

6 miles, Moderate.

Starting point: Derby bound layby off A608 Near Morley Hayes Golf Club DE7 6DG. Grid Ref: SK 397 423.

Start time: 10.30am. Finish: 2.15pm.

Join Erewash Ramblers on a 6 mile walk over undulating countryside with some gentle climbs with fine views. Bring a packed lunch as we will stop for a half hour lunch. (10 stiles).



Erewash



Ecclesbourne Valley Views

5¼ miles, Moderate.

Starting point: Ecclebourne Garden Centre Car Park Wirksworth Road, Duffield DE56 4AQ. Grid Ref: SK 328 440.

Start time: 10am. Finish: 12.45pm.

A walk with plenty of interest towards Gunhills with great views over the Ecclesbourne Valley. We follow some of the route of the Ecclesbourne Way. (6 -10 stiles). Dogs are welcome but must be kept on a lead at all times. Free parking at Ecclesbourne Garden Centre by kind permission of the owners. Please park neatly to the rear of the car park.



Amber Valley



Wonderful West Hallam and Splendid Stanley

7.5 miles, Moderate.

Starting point: School Square, The Village, off Beech Lane, West Hallam DE7 6AB. Grid Ref: SK 432 412.

Start time: 10.15am. Finish: 2.30pm.

Explore the unspoilt countryside in and around the scenic villages of Stanley and West Hallam. (20+ stiles). Please park on road side in village.



Step Through Time in Ilkeston

2.5 miles, Easy.

Starting point: Erewash Museum, High Street, Ilkeston DE7 5JA. Grid Ref: SK 466 418.

Start time: 1pm. Finish: 2.30pm.

Join volunteers from Erewash Museum to take a step back in time and discover the hidden history of this small market town. Likely founded in the 6th century, Ilkeston has a rich and often unknown history, which this walk will introduce you to. (No stiles). Optional refreshment available afterwards at the Museum café.



The Erewash Museum

SATURDAY 22 SEPTEMBER

Shardlow Port, Revolution in Transport

8 miles, Moderate.

Starting point: Trent Lock Car Park, Lock Lane, Sawley NG10 2FY. Grid Ref: SK 489 313.

Start time: 10am. Finish: 3pm.

Join the Long Eaton Rambling Club for a circular generally level walk around Long Eaton and Shardlow. There will be a stop at café/pub for you to purchase refreshment or bring a packed lunch with you. (1- 5 stiles). Children are welcome but please be aware of the distance and terrain of this walk.



Long Eaton Rambling Club

SUNDAY 23 SEPTEMBER

Ilkeston, Shipley & Mapperley

8 miles, Moderate.

Starting point: Straws Bridge Nature Reserve Car Park, High Lane East, West Hallam, Ilkeston DE7 5FG.

Grid Ref: SK 453 313.

Start time: 10am. Finish: 3pm.

Join Long Eaton Rambling Club for a circular walk from Ilkeston to Mapperley travelling through Shipley Country Park. There will be a stop at café/pub for you to purchase refreshment or bring a packed lunch with you. (1-5 stiles). Children are welcome but please be aware of the distance and terrain of this walk.



Long Eaton Rambling Club

Alfreton Local Walk

5 miles, Moderate.

Starting point: Behind Chatterbox café, between Alfreton Bus Station and car park off Hall Street, Alfreton DE55 7BT. Grid Ref: SK 411 556.

Start time: 10am. Finish: 12.30pm.

Join Crich Walking for Health on their Alfreton excursion to include a pleasant circular stroll around Alfreton and the nature reserve. (2 stiles).



Amber Valley

In the Footsteps of the Pentrich Rebels of 1817: (Ripley)

4 miles, Easy/Moderate.

Starting point: Outside Town Hall Entrance, Ripley Market Place DE5 3BT. Grid Ref: SK 399 505.

Start time: 10am. Finish: 1pm.

This walk follows in the footsteps of the rebels in 1817, passing places where the Rising was planned and where rebels visited on the march to Nottingham. This is mainly an urban walk on pavements and several paths (two hills and two sections of unpaved track). The walk includes a long hill down to Butterley and back to Ripley. (No stiles).



Pentrich and South Wingfield Revolution Bicentenary Group

MONDAY 24 SEPTEMBER

Old Hall Loop

3.5 miles, Easy.

Starting point: Victoria Leisure Centre Manners Road, Ilkeston DE7 8AT. Grid Ref: SK 462 423.

Start time: 10.15am. Finish: 11.45am.

Join the Monday Strollers walking from the Leisure Centre down towards the golf course and through Rutland Recreation Ground to the Old Hall and Beauty Spot. Return via the Nutbrook Trail and a steady climb alongside Pewit Golf Course. (No stiles).



Monday Strollers



50 Buildings and some of their stories

3 miles, Easy.

Starting point: In front of Town Hall, Derby Road, Long Eaton (offices of the Erewash Borough Council) NG10 1HU. Grid Ref: SK 491 339.

Start time: 10am. Finish: 12.30pm.

This circular walk will visit 50 of the best buildings and locations in Long Eaton where their story will be told. (No stiles).



Peter Fox

Bartlewood, Dale Abbey & Locko Grange

7 miles, Moderate.

Starting point: Bluebell's Ice Cream Parlour, Brunwood Farm, Nr Locko Park DE21 7BU. Grid Ref: SK 406 374.

Start time: 10.30am. Finish: 2.45pm.

Join Erewash Ramblers on a 7 mile walk over undulating countryside. Some gentle climbs with fine views. Bring a packed lunch as we will stop for a half hour lunch. (15 stiles). Free parking in grass field courtesy of Brunwood Farm – drinks and refreshments available at start and finish.



Erewash



Two Canals and Turbine

5.5 miles, Moderate.

Starting point: Hallam Way, Langley Mill (next to Lidl) NG16 4HY. Grid Ref: SK 453 471.

Start time: 2pm. Finish: 4pm.

Join Heanor Walking for Health Group for a circular, flat walk following parts of the Erewash Trail. This includes the Erewash and Nottingham canal and the River Erewash. Passing the wind turbine, we see views of Bennerley Viaduct. The walk provides an insight into the wildlife and transport history of the area. (No stiles).



Heanor



TUESDAY 25 SEPTEMBER

Riddings to Butterley Ramble

5.5 miles, Moderate.

Starting point: Riddings Community Centre car park. West Street, Riddings DE55 4EW. Grid Ref: SK 425 527.

Start time: 10am. Finish: 2pm.

Join Ben on a 5½ mile walk exploring some of the countryside around Riddings and Swanwick, including Butterley Reservoir and Midland Railway Centre. (10+ stiles).



WEDNESDAY 26 SEPTEMBER

Duffield's Rolling Hills

7 miles, Strenuous.

Starting point: Duffield Church Car Park, Church Drive, Duffield DE56 4BA Grid Ref: SK 349 428.

Start time: 10am. Finish: 2pm.

Join Amber Valley Ramblers for a 7 mile walk from Duffield Church to the hills west of Duffield. We start with a climb to a local view point at Bunkers Hill and go into the woodland of Kedleston Park. We return via the outskirts of Quarndon. A few steep climbs with good views. Dogs are welcome but must be kept on a lead at all times as we will be travelling through fields of livestock. (15-20 stiles).



Amber Valley



THURSDAY 27 SEPTEMBER

By Stanton By Dale

8 miles, Moderate.

Starting point: Breaston Cemetery Car Park, Longmoor Lane, Breaston. Grid Ref: SK 468 343.

Start time: 10am. Finish: 3pm.

Join the Long Eaton Rambling Club for a circular walk through Breaston and Stanton by Dale. The walk includes a couple of climbs with good views. There will be a stop at café/pub for you to purchase refreshment or bring a packed lunch with you. (1- 5 stiles).



Long Eaton Rambling Club

Breaston Macmillan Walk

4.5 miles, Easy.

Starting point: Breaston Parish Council Rooms, Blind Lane, Breaston DE72 3DW. Grid Ref: SK 461 336.

Start time: 10.30am. Finish: 1.30pm.

A circular walk travelling along part of the Coffin Walk to Draycott. This will include a visit to Lime Grove, for coffee/tea and homemade cakes for The World's Largest Coffee Morning in support of Macmillan Charity - donations welcome. Return through fields and canal path. (1-5 stiles). Free parking on Stevens Lane and surrounding streets.



Breaston Parish Council

The Aftermath: one year on from the 1817 Rising (Pentrich)

5 miles, Moderate.

Starting point: The Dog Inn, Main Road, Pentrich DE5 3RE. Grid Ref: SK 390 525.

Start time: 10am. Finish: 1pm.

Telling the story of the impact of the 1817 Rising on the people of the Amber Valley, the walk will take in a mix of historical interest and great views. The route includes a mix of footpath and road walking, with 4 high stiles. (6 stiles). Parking on Asherfields Lane or in the car park of The Dog Inn if you intend to be a customer (The Dog Inn, Pentrich - Tel. 01773 513360).



Pentrich and South Wingfield Revolution Bicentenary Group

Nordic Walking Taster Session

3 miles, Easy.

Starting point: Ripley Leisure Centre, Derby Road, Ripley DE5 3HR. Grid Ref: SK 399 501.

Start time: 6.30pm. Finish: 7.30pm.

A taster of the Nordic Walking technique in and around Ripley. (No stiles). BOOKING ESSENTIAL call Graham on 07713 948833.



Town and Country Nordic Walking

FRIDAY 28 SEPTEMBER

Woodland Trails and more

4.5 miles, Moderate.

Starting point: Ambergate Rail Station Car park, DE56 2EN. Grid Ref: SK 349 516.

Start time: 10am. Finish: 12.30pm.

A woodland walk via Beggarswell and Shining Cliff Woods, with good views from Alderwasley Park across the valley towards Crich (1 -5 stiles). Parking at Station car park £2.50 all day. Dogs are welcome but must be kept on a lead at all times.



Amber Valley



In the Footsteps of the Pentrich Rebels of 1817: (Heage and Lower Hartshay)

6 miles. Moderate.

Starting point: The George Inn, 56, Main Road, Lower Hartshay, Ripley DE5 3RP. Grid Ref: SK 380 515.

Start time: 10am. Finish: 1pm.

The walk follows in the footsteps of the rebels in 1817 and visits historic sites from the time, Heage Windmill, Morley Park Ironworks and the Cromford Canal, with views across the Amber Valley. The route crosses fields, follows the old canal and is along roads through Heage itself. A number of stiles are crossed and the path descends quite steeply between Heage and Sawmills. (10-15 stiles). Parking on the road in Lower Hartshay (NOT in the small pub car park).



Pentrich and South Wingfield
Revolution Bicentenary Group

SATURDAY 29 SEPTEMBER

Homage to the Canary Girls

8 miles, Moderate.

Starting point: Trent Lock car park, Lock Lane, Sawley NG10 2FY. Grid Ref: SK 489 313.

Start time: 10am. Finish: 3pm.

Join Long Eaton Ramblers on a flat circular walk mainly along the river bank. This walk commemorates 100 years since the devastating explosion at Chilwell Munitions factory which killed 134 and injured 250. Many of the workers were female and known locally as "Canary Girls" due to the fact their skin turned yellow when working with the chemicals. Bring a packed lunch, although there will be a stop at Attenborough Visitor Centre, so opportunity to buy refreshments on the route (No Stiles).



Long Eaton Rambling Club

Alfreton and South Wingfield

4.5 miles, Moderate.

Starting point: Behind Chatterbox café, between Alfreton Bus Station and car park, off Hall Street, Alfreton DE55 7BT. Grid Ref: SK 411 556.

Start time: 10am. Finish: 1pm.

Join Crich Walking for Health on an away day for a scenic circular walk to Oakerthorpe and South Wingfield (10+ stiles).



Amber Valley
walking
for health

Butterley: A Walk Through Industrial History

2 miles, Easy.

Starting point: Midland Railway Trust Car Park, Butterley Hill, Ripley DE5 3QZ. Grid Ref: SK 403 519.

Start time: 1pm. Finish: 3pm.

An easy two mile walk, investigating some aspects of the once powerful Butterley Company. (1-5 stiles).



Ripley and District Heritage Trust

SUNDAY 30 SEPTEMBER

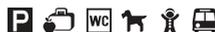
Mugginton Area Circular

8.5 miles, Moderate.

Starting point: The Cock Inn, Bullhurst Lane, Mugginton DE6 4PJ. Grid Ref: SK 287 439

Start time: 10.30am. Finish: 3.30pm.

Join Erewash Ramblers on a 8.5 mile walk over undulating countryside with fine views and some gentle climbs. Bring a packed lunch as we will stop for a half hour lunch. (12 stiles). Children are welcome but please be aware of the distance and terrain of this walk. Free parking at far end of car park by kind permission of The Cock Inn.



Erewash



Short walk around the Listed Buildings in Risley

2 miles, Easy.

Starting point: All Saints Church, Derby Road, Risley DE72 3SU. Grid Ref: SK 462 357. On road parking only.

Start time: 2.15pm. Finish: 4pm.

Risley has a long history and we will see some of the listed buildings, including, by kind permission of the hotel, the grounds of Risley Hall. (No stiles). Refreshments provided at the end of the walk by Risley with Hopwell Parish Council.



Risley with Hopwell
Parish Council



Getting here and getting around

Public Transport

Leave the car behind and relax and enjoy the scenery using the extensive network of bus and rail services operating throughout Amber Valley and Erewash. Travelling by bus or train enables you to plan a linear walk – travelling one way by public transport and walking the other.

By Rail

Many parts of the country have direct rail services to Derby and Nottingham, providing connections to local train services. Alfreton and Langley Mill stations are served by trains from Nottingham, Chesterfield and Sheffield. Long Eaton is served by frequent services from Derby and Nottingham.



Due to resignalling work trains between Derby - Duffield, Belper, Ambergate, Whatstandwell are subject to a rail replacement bus service. Please check your journey times prior to travel. The Derwent Valley Line provides access to numerous scenic walks including the Cromford Canal between Ambergate, Whatstandwell and Cromford and The Chevin above Belper. For a copy of 'your guide to the Derwent Valley Line' which includes discount vouchers to local attractions visit www.eastmidlandstrains.co.uk/derwentvalleyline. Rail enquiries call: 03457 484950.

By Bus

Local bus services enable you to get around many of the Festival locations. For bus times call Traveline on 0871 200 22 33 or visit www.travelineeastmidlands.co.uk

By Car

From the north and south, the M1 runs parallel to the eastern boundary with access at junctions 25, 26, 27 and 28. The A6 gives access to major trunk roads via the A52 and the area is crossed by the A38.

A big thank you to all our Walk Leaders

This Walking Festival has been made possible by the involvement of many local groups and the dedicated individuals who lead and act as back up for the walks. Our thanks go to all of them, and to the organisations who have supported the Festival with funding or help in kind.

Amber Valley Walking for Health

amanda.gowing@ambervalley.gov.uk

Amber Valley Borough Council www.ambervalley.gov.uk

Amber Valley Tourism www.visitambervalley.co.uk

Breaston Parish Council www.breastonparish.co.uk

Derbyshire County Council Countryside Service –

Shipleigh Country Park www.derbyshire.gov.uk

Derbyshire County Council Rights of Way www.derbyshire.gov.uk

Derbyshire Wildlife Trust www.derbyshirewildlifetrust.org.uk

DerwentWISE www.derwentwise.com

Erewash Borough Council www.erewash.gov.uk

Erewash Museum www.erewashmuseum.co.uk

Groundwork Creswell, Ashfield & Mansfield

www.groundwork.org.uk/sites/creswell

Heanor & District Local History Society www.heanorhistory.org.uk

Heanor Walking for Health www.walkingforhealth.org.uk

Holbrook Parish Council www.holbrookderbyshire.co.uk

Horsley Woodhouse Walking for Health www.walkingforhealth.org.uk

Long Eaton Rambling Club www.longeatonramblingclub.org.uk

Nordic Walking (Midlands) www.midlandsnordicwalking.org

Pentrich and South Wingfield Revolution Bicentenary Group

www.facebook.com/pentrichrevolution

Peter Fox

Ramblers Association – Amber Valley Group

www.ambervalleyramblers.org.uk

Ramblers Association – Erewash Group

Ripley & District Heritage Trust www.rdht.org.uk

Risley Conservation Group www.erewashramblers.org.uk

Risley with Hopwell Parish Council www.risleywithhopwellpc.org.uk

Sandiacre Strollers 01332 873614

Town and Country Nordic Walking

www.tandcnordicwalking.co.uk

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